



## Lapex 2000 LipoLaser: Anne Jenkins\*, mid-40s, self-employed single mom

I like to think I'm fitter than the average person. I live in Vancouver, by the water, and I'm always outdoors exercising. At my thinnest, I was 116 pounds. But this wasn't always the case. Just a few years ago, I weighed almost 200 pounds. Although I've worked hard to get my new body, it's still the same shape as my old body – just smaller. I've tried sweat sessions, extreme diets and all types of apparatus to change my pear shape, to no avail.

Then, a couple of years ago a friend told me about a new product her sister's company had just brought from Korea. It was called the Lapex 2000 LipoLaser. She told me, "You're not going to believe what they can do with this machine. It sucks our your fat without using any surgery or needles." I remember saying, "You're out of your mind!" Then I told her to sign me up. The machine was still in its clinical study phase, but I volunteered to be a guinea pig.

On the day of my treatment, Debbie, the RN, took me through the process. I got onto the massage bed and she placed two laser paddles on my love handles. Every few minutes she moved the paddles a few inches. I couldn't feel anything, but they were breaking down the fat. After 10 minutes, the nurse moved the paddles to a new troublesome

area, and 10 minutes later she moved them one final time – so the entire session was just half an hour. At the end of the 30 minutes, I got up off the table and pulled up my pants and I couldn't believe it – they were loose at the waist. I put my hands on my love handles and I could feel the difference – there was less fat there. She explained that ideally, I should exercise for 20 minutes after leaving the office to help my body get rid of the excess fat and that if I did, I'd see an even more noticeable difference in my shape.

I was headed to Whistler to go skiing though, so I didn't have time to exercise. I jumped in the car and headed up the mountain for the five-hour ride. Halfway through the trip I got out of the car to stretch my legs, but other than that, I didn't exercise as I was supposed to. When I got to Whistler however, my girlfriend was waiting and when she saw me she said, "What happened?" Even she could see the difference!

Now, two years later I've maintained my shape, even though my weight has fluctuated somewhat. Everyone reacts differently to the treatment depending on their size, shape and weight. I know that I was a rare case that only took one treatments – one of my friends required five – but she still saw amazing results by the end.▶

*\*Name changed for privacy reasons.*